

# Holliston Parks & Recreation Spring/Summer 2023



Registration opens 2/1/2023  
at 10am - [holliston.activityreg.com](http://holliston.activityreg.com)

# Holliston Parks & Recreation

## Staff

Mark Frank, Director  
Shannon Cornwell, Assistant Director  
1750 Washington Street  
Holliston, MA 01746  
Phone: (508) 429-2149

Email: [HollistonParkRec@holliston.k12.ma.us](mailto:HollistonParkRec@holliston.k12.ma.us)

Website: [www.townofholliston.us/parks-recreation](http://www.townofholliston.us/parks-recreation)

## Follow us

Facebook: [Holliston Parks & Recreation](#)

Instagram: [@hollistonparkrec](#)

## Park Commission

Steve Bigelow  
Melissa Kaspert  
Shaw Lively, chairperson  
Brian MacDonald, vice-chairperson  
Richard Morse

## Office Hours:

Monday 9-4

Tuesday 9-4

Wednesday 9-4

Thursday 9-4

Friday 9-12

## HOW TO REGISTER

Online: <https://holliston.activityreg.com> or by phone: 508-429-2149

Click the program titles in blue to be taken directly to their registration page.

Cash, credit cards and checks accepted (made payable to Town of Holliston)

## GENERAL INFORMATION

**ENROLLMENT:** All fees must be paid in advance. A person is registered when their payment and registration form have been accepted by the Recreation Department or a person has registered online. The department reserves the right to cancel a program due to insufficient registration or if there are other reasons to prevent running a quality program.

**AGE POLICY:** Participants must meet the required age by the start of the program. Children must be toilet trained to attend programs unaccompanied by an adult.

**INCLUSION:** We welcome kids and adults of all abilities to participate in our programs. For questions, adaptations, and accommodations please email [hollistonparkrec@holliston.k12.ma.us](mailto:hollistonparkrec@holliston.k12.ma.us). If necessary, parents or aides are welcome to attend with participants.

**REFUND/ACCOUNT CREDIT POLICY:** When you register for one of our programs we depend on your participation to make it successful. A full refund/account credit will be made only if: programs are canceled, the recreation department makes changes that prohibit your attendance, or if you have an unforeseen medical problem confirmed by a doctor's note.

-Program withdrawals must be made at least 5 business days prior to the program start date (10 business days for outside vendor programs) to receive a refund or account credit. Withdrawals less than 5 business days (10 for outside vendors) prior to start date will incur a \$25 admin fee. We do not refund after the start of a program.

-Special Refund Policy for Outdoors at Goodwill Park, Junior Patoma, Senior Patoma, Counselor-in-Training

-Requests for refunds received from Feb 2 thru 2 weeks prior to the registered week – refund or account credit

-Requests for refunds received less than 2 weeks prior to the registered week – refund or account credit (less a \$25 admin fee)

-We do not refund after the start of a program unless there is a medical issue or unusual circumstances

**PHOTO/VIDEO POLICY:** Photographs and/or videos are frequently taken during our recreational programs for public relations or other projects. Please notify us in writing if you wish to deny permission for the use of these photos.

**WEATHER POLICY:** When Holliston Public Schools are closed for inclement weather, all recreation programs are cancelled for that day and evening. If a storm develops during the day/weekends, or weather is questionable, we will communicate with you via email and/or text. Always feel free to call the office.

**RESIDENTS/NON-RESIDENTS:** Unless otherwise noted, programs are available for non-residents of Holliston.

# Spring Classes

## April Vacation Fun

### *Parks & Recreation Staff*

Join the counselors from our summer staff during April vacation. The day will fly by with all of the activities we have in store for you! Campers will enjoy arts & crafts one or all three days.

1750 Washington St Grades K-5  
4/18-4/20 T, W and/or Th 9:00am-3:00pm  
\$60 per day

## Music, My Special Someone and Me

### *Viviana Vilches*

Join us for this marvelous music and movement program! Music will help jump start your child's learning process! This 10-week class combines massage rhymes, lullabies, floor and lap games, action songs, dance and introduction to musical instruments. Active parent involvement required for these classes!

1750 Washington St.  
Thursdays 4/6-6/15 (no class 4/13, 4/20)  
Ages 6 - 23 months 9:30-10:15am  
Ages 2-5 10:30-11:15am

Friday 4/7-6/23 (no class 4/14, 4/21)  
Ages 6 - 23 months 9:30-10:15am  
Ages 2-5 10:30-11:15am

Saturday 4/1-6/24 (no class 4/15, 4/22, 5/27)  
Ages 6 - 23 months 9:00-10:45am  
Ages 2-5 10:00-11:45am

### Learn to Sing & Play in Spanish!

Your child will explore the Spanish language through singing, dancing and playing games. Learn or brush up on your Spanish skills too! Active parent involvement is required for this class.

Saturday 4/1-6/24 (no class 4/15, 4/22, 5/27)  
Ages 3-6 11:00-11:45am

## Tennis - April Vacation

### *Lyn Calkins*

Come and learn the fundamentals of tennis including forehand, backhand, volleys, overheads and serves, with basic stroke mechanics being a focus. Contact Lyn at [campcalks@gmail.com](mailto:campcalks@gmail.com) with any questions.

Goodwill Park Tennis Courts  
4/18-4/20 Tuesday-Thursday (Rain date 4/21)  
Pee Wee (4-6) 10-11am \$60  
Mini Lobbers (K-2) 11am-12pm \$60  
Top Spinners (Gr 3-5) 12-1:30pm \$90

## Pee Wee Tennis

### *Lyn Calkins*

The first time tennis player will be introduced to the game of tennis in a class where the emphasis will be placed on developing hand-eye coordination skills through the use of fun games! Please wear sneakers, bring a water bottle and a racquet. Please contact Lyn at [campcalks@gmail.com](mailto:campcalks@gmail.com) with any questions about proper racquet size, etc. or let her know if you need to borrow a racquet.

Goodwill Park Tennis Courts Ages 4-6  
4/11-5/16 Tuesdays (no class 4/18)  
Rain date 5/23  
10:30-11:15am or 11:15am-12pm  
\$100

## Learn to Grow & Grow to Learn

Explore the Holliston Community Farm while learning to grow vegetables in an organic manner. This class will introduce young gardeners to the basics of preparing the soil, planting seeds, and growing plants to maturity using organic practices. Other agricultural aspects will be introduced, including composting and beekeeping. No harmful chemicals or pesticides will be used. Students will realize the benefits of locally grown vegetables. All vegetables grown will be donated to the Holliston Food Pantry.

Holliston Community Farm  
4/10, 4/24, 5/8, 5/22, 6/5, 6/12  
4:30-6:00 PM  
Grades 1-5 \$85

# Spring Classes

## Multi-sport Saturdays

### *Sam Wells*

This multi-sport program will focus on developing your child's attention and motor skills in sports such as soccer, hockey, and t-ball! Each class will also include fun and engaging games and activities like tag games, battleship and red light, green light. Parents should plan to stay on site during class. Kids should bring a water bottle.

Patoma Park

4/22-5/20 Saturdays

Ages 3-4 9-9:45am

Ages 3-5 10-10:45am

\$99

## Pre-K Soccer

### *Viking Sports*

Join us for one of Viking's soccer clinics. Our areas of primary focus are teamwork, general awareness, gross motor development, and reinforcement of fundamental play (i.e. dribbling, passing, shooting, and no holding the ball). We incorporate fun skills games to help build up confidence, listening skills, and coordination for all students in class during each session.

Patoma Park Ages 3-5

4/23-6/4 (no class 5/28)

Sundays 1-1:50pm or 2-2:50pm

\$114

## Pre-K T-ball

### *Viking Sports*

Viking's t-ball and baseball clinics help familiarize kids to the basics of the game including throwing, fielding, base-running and batting. Emphasis on fun is essential while working on hand-eye coordination, rules and motions.

Patoma Park Ages 3-5

4/23-6/4 (no class 5/28)

Sundays 3-3:50pm

\$114

## Micro Athletes

### *Knucklebones*

Designed to enhance gross motor skills, fundamentals and creative movement. Micro Athletes is perfect to get your child moving! Each class focuses on skill enhancing activities and games; from learning to kick, balancing on Build 'N Balance to playing Messy Backyard, Tube-mania and more. Your child will be active and have a blast! The program is supported by an array of unique and age appropriate equipment. We ask that one parent/guardian help with participation, and assist with physical distancing between participants.

Goodwill Park Ages 2-5

4/28-5/26 Fridays 9-9:50am

\$114

## Lil' Ninjas

### *Knucklebones*

Does your child love to run, jump, climb and tumble? Then this "play" on American Ninja Warrior is the perfect class. Each week your child will participate in stretching, elements, obstacles and games to help gross motor skills, fitness and fun.

Goodwill Park Ages 3-5

4/28-5/26 Fridays 10-10:50am

\$114

## Sports & Play

### *Mark Frank*

Join Coach Mark Frank of Holliston Parks and Recreation for an afternoon class of sports and games. Sports will include soccer, basketball, and pillow polo. We will also mix in fun warm-ups and tag games including dynamic stretching and flag tag. This is a drop off program.

Goodwill Park Ages 4-6

4/27-5/25 Thursdays 12:30-1:15pm

\$70

# Spring Classes

## Flag Football

*Mark Frank*

Join Parks & Rec director, Mark Frank, for another afterschool flag football program. He will teach the fundamentals of football through PLAYING! Passing, receiving/route-running, rushing and defense will be emphasized through fun games and drills. Each class will culminate in a scrimmage so that kids can work on their skills in a live game. Cleats are encouraged but not needed. Coach Mark will walk the kids from Miller to Flagg Field after school.

Flagg Field Grades 3-5  
4/25-5/23 Tuesdays 2:15-3:15pm  
\$79

## Squishy, Squashy Creations

*Ana Conneely*

Enjoy creating and molding clay and dough? Then Squishy, Squashy Creation is for you. Every week we will be squishing and squashing a different clay or dough, in order to create a cool project for you to take home.

1750 Washington St.  
Grades 1-4  
4/27-5/25 Thursdays 4-4:50pm  
\$90

## LEGO Programs

*Playwell Instructors - 1750 Washington St.*

Robotics - Rise to the challenge to build and program robots using the LEGO® Mindstorms EV3 system!  
Grades 1-5 4:15-6:16pm (2hr class) \$175

Minecraft Master Engineering - We will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over!  
Gr 3-5 2:45-3:45pm \$137

Minecraft Engineering - Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world.  
Gr K-2 4:15-5:15pm \$137

## Basketball Clinic

*Parks & Recreation Staff*

Join Parks & Recreation staff, for a K-2nd 3-5 grade basketball clinic. Fundamentals of the game including dribbling, passing, shooting, defense and rebounding will be taught through the use of fun and engaging games. Each class will culminate in a controlled scrimmage where we put our skills to use! Please wear sneakers and bring a water bottle.

Patoma Courts  
4/25-5/23 \$79  
Gr K-2 4-5pm  
Gr 3-5 5-6pm

## After School Tennis-June

*Lyn Calkins*

Come and learn the fundamentals of tennis with our popular instructor Lyn Calkins. In this afterschool program you will learn the fundamentals of the game including forehands, backhands, volleys, overheads and serves, with basic stroke mechanics being a focus. Please contact Lyn at [campcalks@gmail.com](mailto:campcalks@gmail.com) with any questions.

Goodwill Park Tennis Courts  
6/19-6/22 M-Thursday (Rain date 6/23)  
Top Spinners (Gr 3-5) 3-4:30pm \$120  
Mini Lobbers (K-2) 4:30-5:30pm \$80

## Culinary Kids

*Sandhya Jain*

Come and work on your Culinary Skills with Sandhya Jain! In this class each week we will focus on wholesome, creative recipes and techniques that will translate into healthy and fun meal ideas kids can utilize at home. Past classes have included quesadillas with guacamole, S'mores French Toast, cheese ravioli with lemon sauce and apple pie cups.

1750 Washington St.  
Grades 5-8  
4/27-5/25 Thursdays 4:30-5:30pm  
\$150

## Mens 35+ Pickup Basketball *Holliston High School Field House*

Mondays - \$49  
7 weeks - 8-9:55pm  
4/3, 4/10, 4/24, 5/1, 5/8, 5/15, 5/22

Thursdays - \$42  
6 weeks - 8-9:55pm  
4/13, 4/27, 5/4, 5/11, 5/18, 5/25

## Holliston Half Day Programs *1750 Washington St.*

Looking for something to do on the upcoming half days? Join us for games, activities, arts & crafts and more! Pack a nut free lunch and be sure to bring layers for outdoor fun.

3/10 Half day - 11-3:30 Grades K-5  
3/22 Half day - 11-3:30 Grades K-5

## BLAST & CPR Certification

Join us for a Babysitting workshop and get CPR/AED certified, too!  
Grades 5-9 3/24 3:30-6:30pm



Holliston Parks & Recreation

FIRST AID, AED &  
**CPR TRAINING**

Learn Lifesaving Skills

first aid basics, medical emergencies, injury emergencies, environmental emergencies, CPR for children/adults and AED.

Wednesday March 22, 2022  
6:30-8:30pm

Register online at  
[holliston.activityreg.com](http://holliston.activityreg.com)

## Home Alone Safety

This ever popular program with our students will include: Telephone/door answering techniques, internet safety, accident and fire prevention, how to call 911 and more!

Grades 3-5 3/22 4:15-5:45pm

# *Holliston Youth Field Hockey*

## Spring Field Hockey Clinic

Here's your chance to try field hockey! Or, if you are a returning player this is a great opportunity for you to improve your skills! Come join us this spring as our coaches and varsity high school players walk you through the basics of field hockey while playing games and learning new skills. Participants will need a stick, shin guards, goggles and a mouth guard.

Weston Pond Field Grades 1-8  
Wednesdays 5/3-5/24 4:30-5:30 PM \$55

## 2023 Fall Field Hockey

Registration for the fall 2023 season will open on February 1, 2023.  
We're looking for coaches for the travel teams grades 1-6 and K clinics.  
Email [cornwells@holliston.k12.ma.us](mailto:cornwells@holliston.k12.ma.us) if you're interested or have questions.

Holliston Field Hockey is hosting a summer camp for players of all skill levels for incoming students in grades 1-10 during the week of August 7-10! If you are interested please click on the summer camp link below to register and learn more!

[2023 HYFH Summer Camp Information](#)

# Summer Programs

## Rec Sports Series

Join Parks and Recreation Staff at Goodwill Park for fun and instructional sport-specific programming throughout the Summer. These classes will focus on teaching the fundamentals using creative drills and light scimmages. All ability levels welcome. Kids will be paired up with kids near their age range.

- Session 1: 7/10-7/14 Flag Football/Dodgeball  
Gr 1-6 \$175
- Session 2: 7/17-7/21 Basketball  
Gr 3-5 9-11 \$90  
Gr 6-8 12-2 \$20
- Session 3: 7/31-8/4 Multi-Sport  
Gr 1-6 \$175

Goodwill Park

## Intro to Basketball Clinic

### *Parks & Recreation Staff*

Join Parks & Recreation staff, for a grade 1-3 summer basketball clinic. Fundamentals of the game including dribbling, passing, shooting, defense and rebounding will be taught through the use of fun and engaging games. Each class will culminate in a controlled scrimmage where we put our skills to use! Please wear sneakers and bring a water bottle.

Patoma Courts \$70  
Boys 7/12-8/9 4-5pm  
Girls 7/13-8/10 4-5pm

## Summer Pickup Basketball

Parks and Recreation is reserving the Patoma Courts to support youth basketball! Parent's will organize and run pickup games at designated times based on age. Registration is free!

Boys Wednesdays, July 19 - August 16  
5-6pm for rising grades 4 and 5  
6-7pm for rising grades 6-8

Girls Thursdays, July 20 - August 17  
5-6pm for rising grades 4-5  
6-7pm for rising grades 6-8

## Tennis

Get ready to have fun playing the sport of a lifetime! Former NCAA player, current USTA competitor and long-time Holliston Park & Rec instructor, Lyn Calkins, will return again this summer to offer tennis instruction for beginner thru intermediate players ages 5 thru 15 years. Coach Lyn and her staff will teach all the fundamentals of the game including forehand, backhand, volleys, overheads, serves, and footwork through the use of fun games, with an emphasis on basic stroke mechanics. Participants' skill level is assessed at the first class and players are broken into appropriate groups for drills. Sign up for as many sessions as you wish! Please feel free to contact Coach Lyn at 508-735-0085 or by email at [campcalks@gmail.com](mailto:campcalks@gmail.com) with any questions about player placement or racquets.

### Session Dates

### Group Times

Monday - Thursday (Fridays are rain dates) Mini Lobbers Ages 5 - 7  
8:30 - 9:30am  
\$80/session

1: 7/5 - 7/6

2: 7/10 - 7/13

3: 7/17 - 7/20

4: 7/24 - 7/27

5: 7/31 - 8/3

6: 8/7 - 8/10

7: 8/14 - 8/17

Top Spinners Ages 8 - 10

9:30 - 11:00am

\$120/session

Aces Ages 11-15

11:00am - 1:00pm

\$160/session

## College Application Essay Writing

Check off that big summer "to-do" item! Andrew Langlois has been teaching essay writing in high school for 14 years, and can help you develop the ultimate college application essay.

1750 Washington St. HS Juniors & Seniors  
8/22-8/26 1-4pm \$299

# Community Partner Program Spotlight

# Lake Winthrop

## Cheryl Cohen Mosaics

Youth classes are back!

Who: ages 8 -16

When: Thursdays mosaic flower

Spring Session 1 – March 23, 30, Apr 6, 13

Spring Session 2 – Apr 27, May 4, 11, 18

Fee (includes materials fee)

\$45 for one class

\$145 for a 4-class package

In this class your child will explore mosaics!

We will start at the beginning with a coaster.

The children will learning to cut, glue and grout

the glass/tile, and then move on to choose

their projects from the multitude of supplies

in the studio. Options include picture frames,

wooden animal and geometric shapes, and

more.



### *Pleasure Point Park & Beach*

Pleasure Point Beach is reserved for Holliston residents. The lakefront area includes a swimming area with a sandy beach, playground, picnic table, and portable restrooms during the summer season. Boat ramp is at the far end of the parking lot (no motorized boats) . In-season beach sticker or day pass required.

Day pass is available for purchase at the gate for \$15 (resident only)

100 Pleasure Point Road,  
Holliston MA

### *Stoddard Park & Beach*

The lakefront area of Stoddard Park has a swimming area with a sandy beach, playground, covered pavilion, picnic tables, and two volleyball courts. During operating hours, the beach is staffed with lifeguards and restrooms are open. Beach sticker or day pass required.

Day pass is available for purchase at the gate: \$15 resident/\$20 non-resident.

880 Stoddard Park Drive,  
Holliston MA

See posted signs for further information.

Dog and grills are prohibited at all town parks.

Season Passes will be available for purchase April 15th and mailed beginning May 15th.

## 2023 Operating Schedule

Memorial Day - Labor Day

No Day Passes will be sold at Stoddard during camp hours, M-F 9-3 7/5-8/18

While camp is in session, we ask for your patience and cooperation to allow for an enjoyable experience for all users of the lakefront area.

**Summer Track  
MEETS**

Monday evening track meets are back again! Races will include: 50m, 100m, 200m, 400m. Relays: 4x100m & 4x400m. Registration begins at 5:30 pm, first race begins at 6:00 pm. Participants are required to have a signed waiver/release available at registration. Cost is \$1/night

**REGISTRATION**  
Register at the race. Please contact Paul Mangan (508-429-1533) or Mike Tyman (508-429-1215) with any questions

**Mondays @ 5:30pm**  
July 10, 17, 24, 31 August 7  
Holliston High School Track  
**\$1/night**



# Camp Goodwill

Camp Goodwill is a fun and exciting program for children ages 4, 5 & 6 (entering 1st grade). We are bringing new & exciting themes and activities as well as old favorites to our playground program! Every week we will have arts & crafts, water fun, games, scavenger hunts and more! The playground adds even more varied playtime fun! Water games include: splash balls, slides, pools, sprinklers, and more! Wear a bathing suit & sunscreen and don't forget your towel, lunch & water bottle. Children must be 4 years old and completely potty-trained by the start of the program.

Session 1: 7/5-7/7

Session 2: 7/10 - 7/14

Session 3: 7/17 - 7/21

Session 4: 7/24 - 7/28

Session 5: 7/31 - 8/4

Session 6: 8/7 - 8/11

Session 7: 8/14 - 8/18

Ages: 4, 5 & 6

Time: 8:30 AM-1:15 PM

Cost: \$225\*

(\*Session 1, 3 days - \$135)

Goodwill Park, 30 Green St, Holliston



## Just A Little After

The extra time at Goodwill will offer participants extra time for fun at their favorite summer activities, while giving parents the flexibility to schedule later pick-up times. Participants will be able to explore arts & crafts, field activities and group games. Parents will be able to take advantage of flexible pick-up at Goodwill Park between 1:30 and 2:30pm. You must register in advance, space is limited!

Time: 1:15-2:30pm

\$35 per week

# Camp Patoma

At Camp Patoma your child will have an unforgettable experience and make memories that will last a lifetime. This program for kids entering grades 2 through 5 (Junior Campers) and grades 6 & 7 (Senior Campers). Camp is jam-packed with great outdoor summertime activities such as archery, arts & crafts, tennis, theme days, games, swimming, scavenger hunts, sand castle competitions, tie-dye, trivia games, shaving cream fun, field game days and much more!

## Junior Patoma

9am-3pm \$305  
Session 1 (3 days) \$185

## Senior Patoma

9am-3pm M, W-F \$340  
9am-5pm Tuesday  
Session 1 (3 days, 1 field trip) \$220

## Just A Little After

3-5pm \$70/week

Session 1: 7/5-7/7

Session 2: 7/10 - 7/14

Session 3: 7/17 - 7/21

Session 4: 7/24 - 7/28

Session 5: 7/31 - 8/4

Session 6: 8/7 - 8/11

Session 7: 8/14 - 8/18

Senior Patoma Field Trips! On Tuesdays and Thursdays the seniors get to escape camp and have some adventures.

\*Locations are subject to change\*



- S1: Boundless Adventures
- S2: Canobie Lake and Pinz
- S3: Breezy Picnic Grounds and United Skates
- S4: Water Wizz and Level 99
- S5: Canobie Lake and United Skates
- S6: Breezy Picnic Grounds and Level 99
- S7: Water Wizz and Pinz



# Get Away for a Day

Designed for those more independent 8th & 9th graders. Price includes admission, transportation & general supervision. Counselors will meet-up at designated location with participants once or twice during the outing. Additional waivers are required for some trips and will be provided in advance. Bus leaves from Stoddard Park; General departure and return times are available online. A reminder email will be sent a few days prior to the outing.

## Get Away!

7/6: Boundless Adventures

7/11: Canobie Lake      7/14: Pinz

7/18: Breezy Picnic Grounds      7/20: United Skates

7/25: Water Wizz      7/27: Level 99

8/1: Canobie Lake      8/3: United Skates

8/8: Breezy Picnic Grounds      8/10: Level 99

8/15: Water Wizz      8/17: Pinz

\*Locations are subject to change\*

## Counselor in Training

*\*\*We are making some updates to the program and expectations of our CITs. Please be sure to read up on what's happening for the 2023 CITs.\*\**

This program is for students entering grades 8-10 who are looking to gain experience and knowledge as a camp counselor in a training setting. It is a work oriented experience, which gives our participants the opportunity to learn and understand the demands and responsibilities of a counselors job. CITs learn effective communication, child safety, and all the basics on how to become a good counselor.

Participation in this program is not a requirement for interviewing as a counselor in the future. We take this program seriously and we ask that do the same. It's important for the kids to want to be here too and to be good role models to the campers. If returning for a second year, please have your CIT reflect on last year's experience and review to ensure this will be a positive experience for them.

Cell phones will NOT be allowed during camp hours and will be stored safely upon arrival each day. Participants may only register for one session. Registration can be found under the respective camp headers online.

### Camp Goodwill CITs

- Rising 8th graders only
- Single week sessions beginning 7/10
- \$60

### Camp Patoma CITs

- Rising 9th and 10th graders only
- Two week sessions beginning 7/10
- \$180

CITs may only register for one session.

# See you in the parks!

Goodwill Park Stodard Park Patoma Park

Weston Pond Mission Springs

